



# Pipeline

British Columbia Council



**Get to Know**  
Your Provincial  
Committees!

**BC Program**  
Year at a Glance

**BC Camping  
Summer  
Highlights**

- Mt. Assiniboine Provincial Park
- Murtle Lake
- Manning Park
- Japan



# Editorial

## Editor's Note

I feel a heightened sense of anticipation when the editor's inbox receives email with articles and photos attached. Reading the submissions for this issue was especially fun because so many were about girls' and Guiders' international travels and adventurous camping trips. I travelled vicariously to Tanzania, in Africa, and experienced both the restrictions that Tanzanian girls face and the gratitude of the Canadian girls for their freedom to choose and the wealth of opportunities they enjoy. Through other articles, I hiked and camped, wishing fervently that I had actually been with those Guiders completing their OAL as they pushed themselves to climb a mountain or with the Guiders who introduced ocean kayaking to the girls in their district. It's these experiences that I most often talk about when enthusing to non-members about the empowering opportunities in Girl Guides.

Many thanks to the Unit Guiders and youth members who have submitted their stories and photographs. They will receive an "I Was Published" crest in the mail in appreciation. I encourage all of you who have entertained thoughts of writing an article, whether it be about yourself or the girls in your unit, to step outside your comfort zone. Ask for our guidelines and tips on how to tell a story. I look forward to the next round of engaging and informative submissions filling *Pipeline's* inbox!

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**Cover photo:** The mighty Rangers in Mt. Assiniboine Provincial Park.

**Back cover:** OAL Land Expedition.  
*Photo: Lee Halliday*

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## PIPELINE

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printed on 30%  
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# PC's PAGE

by Leslie Bush,  
Provincial Commissioner



I am writing this under a brilliantly blue sky. The fall colours of a few weeks ago are muted now, and most of the leaves are off the trees, but the sun is trying valiantly to convince us that we aren't quite into the below-zero weather yet ... though we all know it's coming!

As we settle into the Guiding year, I am seeing a steady increase in the number of Guiders participating in the Girls First trainings and online modules. I know there is a time lag between the sessions and the iMIS update, so I anticipate an amazing report at the end of this month. I know you are taking advantage of the trained Champions to help you move into the new program, whether you jumped in with two feet in September (or before) or decided to take a more measured approach. Our Champions have been working with Guiders and also been taking suggestions for enhancements or modifications back to the Girls First National team, and some are being implemented.

I am happy to welcome Cathy Cook and Deb Oakley back to the roles of coResponsible Guiders for SOAR 2020. To make the selection process more open, they were selected through nominations and interviews, as will all the director positions on the team. Also as part of this more open process, they were asked for some specific actions to consider moving forward, so I look forward to seeing those actions bloom,

including having a youth member on the steering committee and engaging the girls' voice. The application period to be on the steering committee recently closed. I hope many of you who have attended SOAR have considered applying to these and other SOAR positions. One of the great strengths of SOAR is that so many of you are willing to make this an amazing event for girls!

As happens often at this time of year, I am busy approving refunds for girls that registered for Guides but now will not be participating this year. The requests are for a number of different reasons—scheduling conflicts, loss of interest (!), change in unit meeting time, etc. What disheartens me is that many of the refunds are because units did not open due to lack of leaders. This is not a new issue, but I wonder how many more girls would be with us, if only .... It also seems to me that we are having a harder time recruiting adult members for council and committee positions as well.

In her provincial newsletter, Laurie Lanovaz, Saskatchewan's PC, expressed her thoughts about the impact on girls of not having adult members in key roles. To paraphrase her thoughts:

1. Girls have huge potential to make a difference. They have the ideas and the drive, but they need help, be it advice, active support or facilitation to make it happen. Without this support, the ideas might never be actioned, and girls miss out.
2. Girls deserve the best Guiders to support them. We have the infrastructure and can provide delegated decision-making

when, how and where it is required. When we succeed, girls succeed in having the amazing experiences they want to have. However, without people in these key delegated roles, the system falters, and the girl experience is compromised.

3. Girls need realistic mentors and role models. Few, if any, volunteers begin a role with 100 per cent of the skills and knowledge needed to do the job.

"Girls need to see women take on roles, make them their own, strengthen the work done and gain personal satisfaction from a job well done. Girls need to see how experience dictates good planning, collaborative efforts and successful plans," says Laurie Lanovaz (*Prairie Lily*, May 2018).

How do we actively find women to join us? How do we make sure our senior youth members, who have years of experience, leadership and practical skills, know we want them to use these skills in leadership roles in our organization, in whatever capacity possible? How do we encourage our adult volunteers to consider stepping into leadership roles? How do we ask, in a meaningful way, these women to join, or to stay with us, to be catalysts for girls empowering girls?

I believe that one of the strongest ways to recruit is to simply ask someone to share their strengths or skills to help us achieve our Mission and Vision. Be specific about why you think they would be great. Be positive, and be prepared to ask more than once, as at first you

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may have planted a seed of possibility to consider. Ask them to take some time to consider, then follow up and ask again. Tell them what you get from volunteering, and what you think they will experience. Give them your contact information and be willing to talk again.

For our youth, have we asked them to mentor new Guiders, to teach songs or skills? Would youth members consider running a Spark or Brownie unit supported by adult volunteers? Could they plan a

district camp or other activity? Depending on their situations and their schedules, these are all possibilities.

And don't forget about those who are already helping in different ways. A couple of years ago, a survey of our non-member volunteers identified that the majority were unit assistants who helped out once every few months. Most were willing to volunteer more often and interestingly, over 60 per cent said they had never been asked to join GGC! So don't assume they aren't

willing to or interested in increasing their involvement! I wonder if these numbers—might be similar for member volunteers—would the majority say they aren't being asked to consider another role?

Let's do it. Just ask—and let me know what happens!

As we head into the holiday season, on behalf of BC Council and the PC team, I want to offer my best wishes as you celebrate according to your own styles and traditions.



# AWARDS

## Fortitude

**Susan Clegg, Mackenzie**

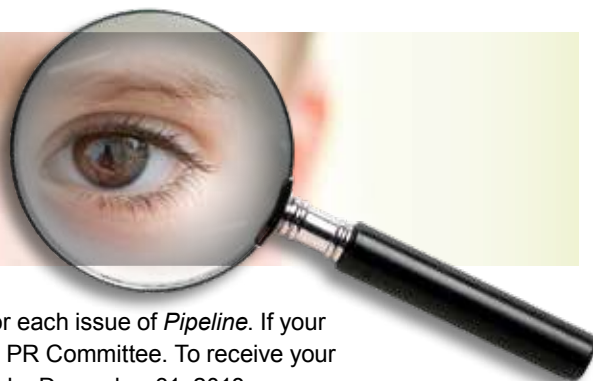
**Morag Forster, North Vancouver**

**Laura Freeman, Vanderhoof**

*NOTE: The awards list is created from the iMIS database. If an award was presented but not entered in iMIS before the Pipeline submission date, it will not be included here.*



## Identify Your Membership Number



Five membership numbers are randomly drawn from the iMIS database for each issue of *Pipeline*. If your number is listed below, you are eligible to receive a gift from the provincial PR Committee. To receive your gift, send an email, identifying your number, to [pipeline@bc-girlguides.org](mailto:pipeline@bc-girlguides.org) by December 31, 2018.

**1218601**    **170790**    **110562**    **38161**    **101813**



# Upcoming Events

DATE	WHAT	WHO	WHERE	NOTES
<b>2019</b>				
January 11–13	<b>Beyond Dogwood</b>	Guiders who have taken Dogwood training	<i>Guide House, North Vancouver</i>	Application deadline has passed.
January 20, 1 p.m.	<b>BC Girl Guides Day at the Canucks 2019</b>	Guiding members, families and friends	<i>Rogers Arena, Vancouver</i>	For more information, see ad on p. 6.
March 1–3	<b>Trainers Conference</b>	Trainers and Trainer candidates	<i>Guide House, North Vancouver</i>	Application deadline has passed. For information contact <a href="mailto:training@bc-girlguides.org">training@bc-girlguides.org</a> .
April 26–28	<b>Camping Workshop</b>	Guiders and Area Camping Advisers	<i>Camp Kanaka, Maple Ridge</i>	More information to come by email, or contact <a href="mailto:camp@bc-girlguides.org">camp@bc-girlguides.org</a> .
May 10–12	<b>Roving Brownie Camp</b>	SVI and Pacific Shores Brownie patrols	<i>Camp Creina, Duncan</i>	More information to come by email, or contact <a href="mailto:camp@bc-girlguides.org">camp@bc-girlguides.org</a> .
Spring	<b>safeTALK</b>	Guiders	<i>Guide House, North Vancouver</i>	For Guiders who want to learn how to talk about suicide and suicidal thoughts and learn to recognize the signs.  Check BC Girl Guide website for date. More information to come by email, or contact <a href="mailto:training@bc-girlguides.org">training@bc-girlguides.org</a> .
Late spring	<b>Second-Year District Commissioner Workshop</b>	Second-year District Commissioners	<i>Guide House, North Vancouver</i>	Check BC Girl Guide website for date. More information to come by email, or contact <a href="mailto:training@bc-girlguides.org">training@bc-girlguides.org</a> .
July 21–26	<b>A Taste of Adventure</b>	Selected girls born in 2004–06	<i>Crooked Lake Recreation Area, near Williams Lake</i>	Application deadline has passed.
July 27–August 8	<b>Newfoundland and Labrador Interprovincial Camp 2019</b>	Selected girls born in 2001–03 and Guiders	<i>Gros Morne National Park, Newfoundland</i>	Application deadline has passed.
August 2–14	<b>Voilà Québec! Quebec Council provincial camp</b>	Selected girls born in 2004–06 and Guiders	<i>Quebec</i>	Application deadline has passed.
August 3–14	<b>LEAP 2019, Ontario Council provincial camp</b>	Selected girls born in 2003–06 and Guiders	<i>Doe Lake Camp, Ontario</i>	Application deadline has passed.
August 23–29	<b>Pacific Coast Experience</b>	Youth, Transitioning and Link members and Link-aged Guiders (born in 1989–2003)	<i>Whistler</i>	More information to come by email, or contact <a href="mailto:adventure.trex@bc-girlguides.org">adventure.trex@bc-girlguides.org</a> .
August	<b>AC/DC Workshop</b>	Area and District Commissioners	<i>Guide House, North Vancouver</i>	Check BC Girl Guide website for date. More information to come by email, or contact <a href="mailto:training@bc-girlguides.org">training@bc-girlguides.org</a> .
September 20–22	<b>Mix It Up</b>	Guide/Pathfinder and Girl Scout patrols	<i>Fraser River Heritage Park, Mission</i>	See ad on p. 9 for more information, or contact <a href="mailto:camping.events@bc-girlguides.org">camping.events@bc-girlguides.org</a> .
October 11–14	<b>Island Adventure Pathfinder Weekend</b>	Pathfinders	<i>Keats Island</i>	More information to come by email, or contact <a href="mailto:camping.events@bc-girlguides.org">camping.events@bc-girlguides.org</a> .

# SAVE THE DATE



## BC Girl Guides at the Canucks 2019



**Sunday, January 20, 2019, 1 p.m.**

### Vancouver Canucks vs. Detroit Red Wings

Tickets still available: \$45 upper bowl, \$65 lower bowl

**Great Christmas present for  
the whole family!**

**Come as a unit, a family or  
with your friends\***

*\*Family members and friends can purchase  
tickets; Guiding membership not required.*

• Custom crest to first 250 members in  
uniform who visit the membership table

- Members-only draws
- Special shout-outs

**What last year's participants said:**

*"Wow, I love the crest. It's like  
a free souvenir!"*

*"I feel so special. I was on the big screen!"*

*"My first time at an NHL game.  
I'm so excited!"*

*"I brought my mom and dad and brother. We're  
all Girl Guides today!"*

*"How cool! There are Girl Guides everywhere we  
look."*

*"With so many of us here, I feel special!"*

**For tickets or more information, contact**

Cassie: 604-899-7746 / [cassie.micono@canucks.com](mailto:cassie.micono@canucks.com) • Aidan: 604-899-7611 / [aidan.pelton@canucks.com](mailto:aidan.pelton@canucks.com)



## Come Join Us

BC Awards Committee

### "All This and Dancing Frogs!"

Do you like presenting people with gifts? Do you enjoy seeing people smile and sometimes even shed tears of joy? Are you organized, creative, enthusiastic and wanting something new in your life? Then do we know of a committee for you!

Our job on the Awards Committee is simple. We create opportunities to promote and provide appropriate recognition and awards for youth and Guiders. We do this through

trainings, meetings, workshops and conferences. We work with provincial advisers and area awards committees.

We work hard but we have fun working as a team to create and share resources and materials to make awards, scholarships and bursaries available to as many deserving members as possible. We're looking for that special Guider to help with our resources.

If you are interested in joining the party, contact [awards@bc-girlguides.org](mailto:awards@bc-girlguides.org).

# BC Council Bursaries, Grants and Scholarships

BC Awards Committee

Now is the time to apply for a BC Council bursary, grant or scholarship. Check out the Awards page of the BC Girl Guide website for information and application forms.

## Adult Bursaries, Grants and Scholarships

### Pat Drugge Adult Bursary

This bursary provides funding for a Guider aged 25 or older who has a need for financial assistance to further and/or upgrade her education or job skills. The value is dependent on Guiding contributions and interest rates.

### BC Trefoil Guilds' Education Grant

This grant provides funding to selected Guiders aged 19–30 who wish to further their education. The value is dependent on Guiding contributions and interest rates.

### Aliza, Chaim and Tova Kornfeld Scholarship

This scholarship provides funding for an adult member entering or continuing in a professional postgraduate degree program (master's or doctorate) in any field, at a recognized Canadian university. The value is \$1,000.

### Leslee Jean Arnet Adult Bursary

This bursary provides financial assistance to a Guider aged 19–45, with one or more dependent children, who wishes to pursue further education or update job skills. The value is \$500.

*Applications for all adult bursaries, grants and scholarships are due at the provincial office on or before February 15, 2019, by 4 p.m.*

## Youth Bursaries and Scholarships

### BC Council Bursary and Bursary of Honour

These bursaries provide funding to selected Grade 12 students who are members of BC Guiding and are planning to attend a post-secondary institution (all fields of study are eligible). The value of the eight BC Council Bursaries is \$800 each, and the value of the BC Council Bursary of Honour is \$1,500.

### Eve Pound Scholarship

This scholarship provides funding to a Grade 12 student who is a member of BC Guiding and is entering a degree program at a Canadian university. The value is \$500.

### Margery Dumfries Scholarship

This scholarship provides funding to a Grade 12 student who is a member of BC Guiding and is entering a college, technical school

or university with plans for a career in the sciences, engineering or agriculture. The value is \$500.

*Applications for all youth bursaries and scholarships are due at the provincial office on or before March 15, 2019, by 4 p.m.*



## GONE HOME

**Ethel Backlund**  
Duncan

**Kathy Barnes**  
Victoria

**Susan Clegg**  
Mackenzie

**Paula Forcier**  
Abbotsford

**Joyce Kolibas**  
Sechelt

**Brenda Knowles**  
Langley

**Alicia Maciver**  
North Vancouver

**Margaret Soles**  
Maple Ridge

**Margaret Standish**  
Courtenay

# Coming Soon!

## New Camp to Go *Fairies and Friends*

BC Camping Committee

**F**airies and Friends Camp to Go is a special event for Sparks and Brownies. We hope the girls and adults will be active and have lots of fun in an environment filled with magic. In the camp package, you will find a program outline for a two-night event with a wide variety of activities, games and crafts to choose from. The package also includes menu/recipe suggestions, a campfire program, Guides' Own and kit lists. We encourage you to build your camp to suit the season, the building or campsite, the number of girls and the available time. Pick the activities that work best for you and your girls and remember to be flexible so that Sparks and Brownies have fun with all their fairies and friends!

Try this fun game from the Camp to Go package.

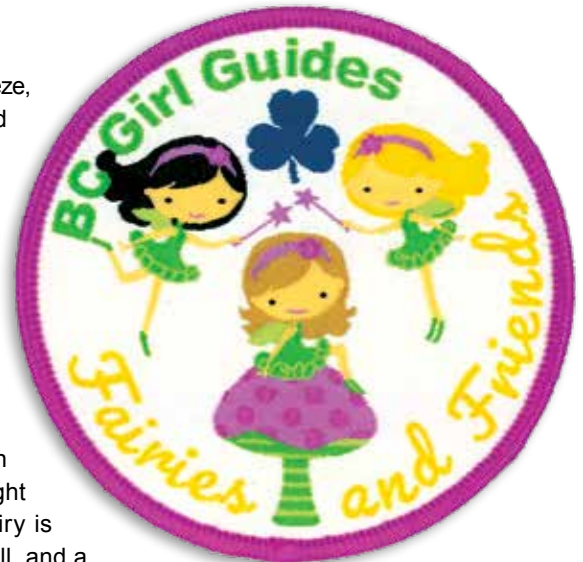
### Fairy Freeze Tag

Assign one girl to be the sparkle fairy and one to be the troll. Give each a wand. The

troll's wand has the power to freeze, whereas the sparkle fairy's wand has the power to unfreeze.

The rest of the players run around the play space, trying not to get tagged by the troll's wand. When a girl does get tagged, she must freeze in place. The sparkle fairy's job is to try to unfreeze any frozen players (by tapping them with her wand) without being caught by the troll. If the sparkle fairy is tagged, she becomes the troll, and a new sparkle fairy is assigned.

The complete Camp to Go package will be available on the BC Girl Guides website, [www.bc-girlguides.org/](http://www.bc-girlguides.org/) select *Girl Engagement > Camping > Camping Challenges* and click on the Fairies and Friends crest. When you have fulfilled the challenge requirements please fill out the **BC Crest Order Form** available



on the website. Instructions on how to order the crests are provided on the form.

We encourage every group to submit pictures, and possibly a write-up of their activities, to the BC Camping Committee to be used in *Headlamp*, our newsletter. Please email submissions to [headlamp.bc.ggc@gmail.com](mailto:headlamp.bc.ggc@gmail.com).



## Pipeline is Available Online!

Issues of *Pipeline* from 2014 to the present are available at [www.bc-girlguides.org/](http://www.bc-girlguides.org/); select *Volunteers > Guider Resources > Publications > Pipeline*. Note: Issues are available as PDF files and are about 10 MB in size.





# SAVE THE DATE



## Mix It Up 2019

### Annual Girl Guide and Girl Scout Camp

### September 20–22, 2019

**For Guides, Pathfinders, Girl Scout Juniors and Cadettes**

**EVENT LOCATION: FRASER RIVER HERITAGE PARK**

**COST:** \$400.00 plus 5% GST (Canadian funds) per patrol (8 girls and 2 adults)

\$200.00 plus 5% GST (Canadian funds) per half patrol (4 girls and 1 adult)

**ACTIVITIES:** Join us to explore the amazing themes of the previous 15 Mix It Ups! We will be engaging in crafts, outdoor skills, challenges, games and so much more. Come and make some new friends!

The fee includes two nights' camping, all activities on site, T-shirt and crest/patch, Friday night mug-up/snack and Sunday morning breakfast. This is a tent camping event appropriate for experienced campers.

Patrols must provide their own food and equipment, including tents and cooking gear.

**Watch for registration information in early February 2019.**



## World Thinking Day 2019

### *Invite a PC Team Member to Your Event*

There will be no provincial World Thinking Day event at Guide House in 2019. Instead, the Provincial Commissioner (PC) Team members will be available to travel to an area or district in order to participate in their Thinking Day activities. If your area or district is holding a World Thinking Day event, and you would like one of the PC Team members to attend, please send the invitation to Adriana Arreola, Executive Assistant, at [arreolaa@bc-girlguides.org](mailto:arreolaa@bc-girlguides.org).

## Save the Dates!

The **Official Guide House Opening Ceremony** for Guiding members will be held on February 10, 2019. More information will be shared in the coming months.

The **BC Council Annual General Meeting** will be held on Saturday, May 4, 2019, at Guide House. RSVPs will be required; more information to come.

# Summer Highlights

## from the BC Camping Committee



### ☀️ **Guide Jubilee 2018**

Guide Jubilee is a biennial event hosted by the BC Camping Committee for Guides. This year, patrols of four girls and one Guider came from around the province for a weekend at Camp McLean, in Langley.

*Abby, 1st Elphinstone Rangers*

Each patrol was teamed with a patrol from a different place in BC and they spent the weekend together on one campsite.

After introductions and icebreaker games, participants grabbed their wagons to collect food supplies and cook their first meal. After dinner, the patrols had time to get to know each other.

The next morning, the girls cooked breakfast and then began their first eventful day of activities:

- shelter building
- crafts
- orienteering
- gadget building
- fire safety
- knots
- nature



It rained a lot, but the girls stayed positive and had a lot of fun playing games.

The next day, the girls canoed, went on the climbing wall, did archery and played “Leave No Trace, Amazing Race.”

Mug-up, after dinner, was an Iron Chef event, with the girls competing for the following awards:

- Best taste

- Best presentation
- Best description
- Most creative
- Best overall dish

The evening closed with a campfire.

At the closing on the final day of camp, the girls shared what they were thankful for at camp. A fun weekend of trading and Guiding sisterhood was had by everyone.

### ☀️ **Pathfinder Paddles 2018: Murtle Lake**

*Tammy Tromba, BC Camping Committee*

Pathfinder Paddles 2018 was an eight-day, provincially sponsored canoeing trip for eight Pathfinders and two Guiders from across British Columbia. The event provided participants an opportunity to explore stunning Murtle Lake in Wells Gray Provincial Park—the largest motor-free lake in North America—to develop canoeing skills and to experience adventure canoe tripping.

After many months of anticipation, our July departure date arrived, and we travelled together in a 15-passenger

rental van to Blue River Campground.

Individual members meshed into a cohesive group as they raised tents, shared snacks and made beds. We knew this trip would be a great adventure.

The next morning, we rose early, repacked the gear and headed to Murtle Lake. We loaded our gear into carts for the 2.5 km portage to the lake. The girls made short work of this traverse. At the lake, we handed out maps to the boat groups and determined who was going to take on the

roles of navigator, sweep, photographer and motivator, and at night, who would complete our daily log.

The conditions were a little windy, so we paddled close to the shore, and at one point we ended up stranded on a sandbar for a few feet. But we hopped out or bounced along and were quickly off the sandbar and paddling again. We stopped for lunch at a shady place, and the bugs started swarming. We swatted furiously to avoid being bitten. “Mosquitoes!” we said. “You do not have my consent!” But after days



and days of sharing our space with the pesky pests, we became resigned to the mosquitoes doing their thing, and we were all much more relaxed about the bugs.

When we arrived at Sandy Point, we set up camp, went swimming (wearing our PFDs), enjoyed the view, watched loons and ospreys, ate our Greek-themed dinner and slept on the beautiful sandy beach.

The next day, our goal was to paddle to Leo Island, with a stopover at Fairy Slipper Island. The water conditions were a tad bumpy when we weren't along the shoreline, so we didn't make it to Fairy Slipper Island. We were able to spot some "Toonies" (our nickname for two loons), frogs, mosquitoes, ducks and even some fish. It was so hot that we decided to have a water fight. No one stayed dry.

The group consensus the next day was to make it to Diamond Lagoon to see the cabin. We paddled past Tropicana Beach and Smoker Island, with Central Mountain looming above. The girls had so much fun chasing the leaders in the canoe to try to splash them; we all laughed until our sides hurt. In the lagoon, we had an opportunity to paddle in some moving water. At Diamond Lagoon, we set up our tents in the cabin to keep out the mosquitoes, and we played in the hammock. Later, we discovered that the "Rat Pack" used to camp at the cabin on hunting and fishing trips; it was really cool

to think that Frank Sinatra had slept under that very same roof years earlier.

The next day, we decided to hike to McDougall Falls to try to find the geocache there. We paddled to the trailhead, tied up our canoes, took water and a packed lunch and hiked along the trail. The park rangers had told us that they had just finished clearing the trail the previous week. We came across only one other group—a family on their way back—who assured us that the view was well worth the hike. We were glad to be in the shade and were astounded at the speed of the rapids cascading beside the trail as we hiked. It was a hot day, so we stopped for lunch

near a gentle eddy, where we collected and treated water. When we arrived at McDougall Falls, we were bathed in mist rising from the water and surrounded by the thunderous roar of volumes of water. The stunning views made us reflect on the sheer power of the water. We found the cached treasure. Unfortunately, Abby was stung by something along the trail, but she was able to see the falls and get back to camp. By the time we returned to base camp, we were hot and sweaty, so we had another paddling splash fight. Charlotte swam up to the leaders' canoe to try to soak or dunk them but did not succeed. It sure was fun watching her attempt though, and once again we were laughing so hard our sides hurt. At dinner, it seemed as if the mosquitoes had told their friends to join them for a feast (on us), so we had a "walk-thru" dinner where we just kept doing circles around the tables while carrying our plates and eating.

The next day, our group decided to skip a cooked breakfast and just get going. Our goal was to have everyone on the water by 8 a.m., and we all worked so hard that everything and everyone was packed, loaded, secured and in the boats by 7:58 a.m. Since it was early in the day, we had many options: paddle to Smoker Island, stay at the Tropicana site or return to Leo Island. Ultimately, we decided to return to

*continued on page 12* ➤



continued from page 11 ➔

beautiful Sandy Point. We would need to paddle hard in order to beat the wet weather that was forecast for the afternoon. After a brief lunch we paddled the longer but safer route around to the park ranger's cabin. The wind was at our backs for the final leg to Sandy Point. The girls were so proud of themselves: they had created a plan, worked hard and been able to paddle the 16 km to their destination before the wind and rain arrived.

Tents went up quickly, and we set up an epically huge tarp to cook and eat dinner under and to filter or treat water. For all our hard work, we were rewarded with an enormous double rainbow extending over the lake and mountain range, giant raindrops bouncing off the water and thunder that was so loud you could feel

it pounding in your chest.

We chose to stay at Sandy Point for another night as it wasn't safe to travel in those weather conditions. We had lots of fun skipping rope on the beach, gathering around the campfire, being frightened by the "tree squeaks" and enjoying the majestic and awe-inspiring views.

On our final morning, we rose to high winds so forceful that they blew over the canoe that had been leaning against our other canoes. Large waves with whitecaps formed on the lake; however, by the time we broke camp and loaded all our gear into the canoes, the wind had settled down, and the sky was just overcast. The lake was calm once more. Again, the girls persevered to make it back to the launch point, covering more kilometres during that early morning

than originally planned—after a week of paddling, they were stronger and more skilled. We made great time back to the drop-off point and returned our canoes ahead of schedule. We carted our gear back along the portage route in less time than we had taken at the start of our trip. We made it back to the van and packed in reverse order of departures, and then we were on our way back home, stopping in Kamloops and Chilliwack to return girls and gear to their parents.

We all learned that we can do more than we think we can. We can work together, and when we all have the same goals, we can get things done. Even with the bugs driving us crazy, we still had a good time out in nature. And as a team, we learned that we can move mountains.

## ☀ Mount Assiniboine Backpacking Trip

BC Camping Committee



**T**his summer, ten Rangers and two leaders trekked a trip of a lifetime through Banff National Park and Mount Assiniboine Provincial Park. We met in Calgary for the first time, having planned and prepared individually and over the phone, and made our way to Banff, our entrance to the Rockies, to stay overnight. After dinner at the Old Spaghetti Factory, we divided the gear and food, sharing the weight equally.

Undaunted by a park ranger's warning about a grizzly in the area that we would hike that day, we rode the Sunshine Village ski lift to our first view of the valley and mountains that we would call our home for the next six days. Our first day was the hardest: with heavy packs of food and gear, we were prepared but loaded up for the 12.4 km hike and elevation gain of 400 m up and the steep 800 m elevation drop down into the valley beyond Citadel Pass. We

passed the bear in a forested area while singing our camp songs; we just sang a little louder to claim our space and kept going. That night we were exhausted, but we partnered and helped one another to set up camp quickly and shared chocolate mudslides for dessert. We had hiked the plain and up over two passes and around lakes and streams. Our eyes were filled with beauty, and we came to see that this adventure was to be a real challenge—ultimately worth every moment.

The second day was a little rainy. The hike was a bit shorter, up a mountain and then south, down the valley to Og Lake. As we descended into camp, we were treated to crystal blue-green waters flanked by mountains, with no trees to block the view. We shared a large dinner of pineapple chicken and mushroom risotto, with peach crumble for dessert. As the sun descended, ice crystals formed on the flora, and we tucked in for the night.

On day three, we ate chicken dinner for breakfast because in "leave no trace" camping, there is no garbage, so the alternative was to hike out the leftovers. The day brightened and became easier

as we trekked the flatter valley in the sun, encouraged by the chirping ground squirrels. We even did yoga poses on the plain. We reached Magog Lake and Assiniboine Lodge and went for a swim and bath before eating a hearty dinner and dessert. Our every move for the next two days was under breathtaking Mount Assiniboine. We captured it by day, cloudy and clear, windy and waning, and later as a reflection in a glistening pond. We captured it by night under the moon, and we rose to see the pink dawn on its slopes.

On the fourth day, we split into a relaxed group and a climbing group. The relaxed group enjoyed camp, the lake, spa time and downtime with no rush or real schedule. The climbing group trekked to two other lakes and up two peaks to capture the famous view from on high. We even found snow, made a snowman and tried skating in our boots. Later, everyone met at the lodge for tea and cakes and to get a T-shirt keepsake.

On the fifth day, we awoke to low cloud that rose in slow motion over an hour to reveal the mountain. We broke camp and climbed out of the valley. At Wonder Pass, we looked back down the valley and could see Citadel Pass in the distance, knowing we had come all that way. We are powerful! We survived and thrived. On the downward slope and traverse to the next camp, a thunderstorm passed, and for 3 km the skies were darkened. Near lunch, they cleared, and we were greeted by butterflies enthralled with our orange tents. We hiked next to a clear green-tinged lake, down into a meadow and into a well-hidden forested campsite retreat. Rustic and secluded, this spot had little water, but we hiked upstream to find a source. Mosquitoes were plentiful here, and we met other campers and shared our experience, showing them how to bear cache and pump water.

On the final day, it was warm and the hike was relatively flat as we followed an old pack trail and encountered two horse trains along the way. We hiked the 14 km swiftly, stopping by a fast-running river for water and to refresh. In five hours, we met our chartered bus, which whisked us to the Dairy Queen in Canmore for a well-



deserved treat before driving on to Calgary. At the hotel that night, we commiserated, relaxed and went for a soak in the hot tub. We had logged a total of 127 km. We had done it!

This trip was harder at first than most were expecting, but we learned how to manage and then to thrive. We were 12 wonderful women in the wilderness, successful and supporting of one another. We are the Girl Guides, the mighty, mighty Girl Guides!

#### **Technical Tips from the Rangers**

- After a long hike, eat dessert in the late afternoon to raise energy and spirits while setting up camp and preparing dinner.
- Bring lip balm with sun protection.
- Bring your own cup/bowl/spork rather than sharing group dishes (no plate/knife needed).
- Have a personal dry bag for food and toiletries.
- Plan food portions carefully to avoid carrying more than needed.
- Wear long shirts to protect your lower back from chafing and mosquitoes.
- Bring multiple forms of water treatment (to learn more, see *OAL Guide to Adventure Camping*, pp. 69–71, available on Member Zone; select *Guider Resources*

> *Camping & Outdoors* > *The Guide to Adventure Camping*).

- Bring your own toilet paper.
- Wear pants that are smooth at the waist/hips where your backpack sits.
- Trekking poles are a must.
- Clip your toenails before you trek.
- Sing—a song goes a long way to lift spirits!

#### **Technical Tips from Leaders**

- Ultralight gear matters.
- Plan to handwash clothes using a dry bag with one droplet of camp soap.
- InReach system linked to an iPhone with map app is an excellent communication tool.
- Google Maps can work in the backcountry with no service as an additional navigational tool if you download the map in advance.
- Ensure heaviest items are inside the pack and light items are attached to the outside.
- Bring electrolyte supplements, moleskin and After Bite as key first aid items.
- Cover important how-tos with the girls, then let them lead.



# Tanzania 2018

## Fraser Skies Area Independent Trip

*Stefanie Donnecke, Guider, Fraser Skies Area*

In November 2015, my co-Guiders and I and some Rangers started to research youth service trips to Africa, the Rangers' overwhelming preference for our independent service trip. We chose Me to We and the EF Educational Tour to Tanzania, as our past travels with them had been great experiences. By February 2016, provincial approval had been obtained, and we started signing girls up, mostly from Fraser Skies Area, and began to fundraise! Two-and-a-half years sped by. On July 17, 2018, at 4:30 a.m., we found ourselves at Vancouver airport, excitedly meeting each other. Unfortunately, our flight had been cancelled! With a lot of help from various ticketing agents, we got rebooked on new flights for the next day. EF Tours sent us to a hotel in Richmond for the night and had a bus pick us up at 4 a.m. the next day to take us back to the airport. We flew out with no problems and arrived at Kilimanjaro airport at 7 p.m. the next day. Two Masai warriors and two Me to We facilitators met us at the airport.



PHOTOS: STEFANIE DONNECKE

We spent our first night at the Gilgan Leadership Center, just outside of Arusha. We ate a delicious dinner of local cuisine and then it was time for bed. In the morning we would be boarding our bus for the three-and-a-half hour drive to our camp.

The camp staff and community members welcomed us to the mobile camp with singing and clapping as we arrived. Our accommodations consisted of large canvas tents, pit toilets and solar showers. We had no running water, and electricity

was available to us only from 6:30 to 9:30 each evening while they ran the generator. Our tents and beds were so comfortable, and the food was so delicious that we felt like we were in five-star accommodations!

We started our week by learning about Me to We's five pillars and by practising some key phrases in Swahili. The girls learned how the local women shop for their food each week and about the kinds of items needed by families. We visited a local market and each group was given a scenario in which they were responsible for buying items for their "family." Throughout the week, the cooks used all the items we had purchased for our meals. The experience had many girls stepping far beyond their comfort zones. Conversing with someone in another language and bartering at the same time was hard!

On Safari Day, we were up at 4:30 a.m. to get an early start on our four-hour drive to the national park. It was still dark when our driver slammed on his brakes and a massive giraffe ran across the road in front of us! That sure woke everyone up! The safari was amazing. We saw tons of elephants, zebras, giraffes, water buffalo, wildebeest, warthogs, gazelles, monkeys and a brand new baby baboon!



Monday morning found us at the school where we would help to build a new classroom, meet the mamas and experience a water walk with them. The water tap that all the people from the surrounding area use is located at the school. We filled our 20 litre jugs, and the girls took turns carrying them to a local boma (home). It was hard work! The ground was loose sand, and the sun was shining. The mamas do this walk twice a day, carrying 40 litres of water or more at a time. After lunch we spent the afternoon playing with the school kids and getting to know one another.

Tuesday was Global Simulation Day. Some of the girls loved this activity, and others found it very hard. The day started with half of the group being woken up at 5 a.m. to gather firewood for an hour. While the girls gathered wood, the other half of the group (labelled "the boys") had a Swahili lesson. Mid-morning, the group was split into five different countries, each with different resources. The idea was to make alliances with other countries and use your combined resources to cook lunch. For example, not every country had fire and not every country (other than Canada!) had an abundance of food. As each country had a unique "language," it was fun trying to communicate. We ended with two countries

and a big spread of food that we all sat down and shared together. We ended the day with a campfire and s'mores!

On Wednesday, we were at the build site, digging out dirt from one area to fill the foundation of the school room. It was hard work using pickaxes, shovels and buckets and only one wheelbarrow. It is amazing what can be built without the use of power tools!

We visited the school a few more times to help build at the site and to play with the local children. We met a local family and went out at 6:30 a.m. with the young boys who take the goats to find areas to graze. We did boma smearing, which is the mudding of the huts that the mamas do, had weapons training, went on a hike up Longido Mountain and, at the end of the week, had an amazing goodbye from the school kids and community members.

It was a life-altering trip that showed many of us exactly how few possessions one needs in order to live and to be happy. How fortunate we are to be able to turn on a tap at any time for clean water, to be able to turn our lights on and off at will and to have food readily available to us at all times.

We all loved our time in Tanzania and wished we could stay longer!



PHOTOS: REBECCA WEATHERFORD AND MELISSA JAKUBEC



# Discover Japan

## BC Council—Sponsored Trip

*On July 25, 2018, 16 girls and four Guiders set off to Discover Japan! This trip was truly a once-in-a-lifetime experience. We all learned so much and will treasure the memories of these wonderful experiences for the rest of our lives. These are just a few highlights of our journey.*

### **Ally B., Pacific Shores Area**

While in Japan, we had the amazing opportunity to participate in a homestay in the city of Takarazuka. Two girls or leaders stayed with each family. We had the chance to spend a day with our host families, seeing the city and eating in lovely restaurants. It was so much fun getting to experience a day in their shoes and be a part of their lives. I was with a mother and her daughters, ages eight and five. Their dad works away from home but we were able to phone him. They were so polite and

accepting—they made us feel at home right away! Getting to try new foods, play with balloons, visit shrines and make shaved ice were just a few of the activities we enjoyed with our new-found families. I know that I will keep in touch with my homestay family and go back to visit them as soon as I can!

### **Jessica N., Rivers North Area**

Friendship Camp was the perfect name for our camp with the Japanese Girl Scouts, because we really did make new friends we will remember forever. I remember getting off the bus and being

so shocked by how beautiful the camp was—from the clouds in the mountains to the amazing view. It was very different to be taught how to deal with snakes, bees and bears upon arrival.

The camp had many great and unique activities. My personal favourite was watermelon smashing—basically a watermelon we used as a piñata but ate afterwards. I highly recommend doing it with your girls. They will have a blast. You place a watermelon on a tarp and get a piñata stick. Then blindfold a girl and spin her around. Next, tell her either to go left, right or straight ahead, to guide her to the watermelon that's about 10 feet away. It's very exciting, especially for younger girls.







Other activities included visiting public baths, making pizza in pop bottles, climbing trees and shower climbing, which entailed climbing a shallow stream up a ravine to the top of a waterfall! We also had a wonderful campfire, in fact one of the most energetic, involved campfires I've ever been to. The best part was when we started to sing a song in English, and the Japanese girls sang the same song in Japanese. I will forever remember all the friends I made at Friendship Camp.

### Isabella B., West Coast Area

Hiroshima was, in my opinion, one of the most impactful parts of the trip. We saw the Hiroshima National Peace Memorial Hall for the Atomic Bomb Victims, the Hiroshima Peace Memorial Museum and the Children's Peace Monument. In the Hiroshima National Peace Memorial Hall for the Atomic Bomb Victims, we saw a 360-degree mural of Hiroshima after the bomb hit. Underneath it are 140,000 tiles, each about one-inch square and representing one immediate victim of the bomb. I couldn't help but look at each tile and think, "This represents a person. A whole person. Someone with hopes and dreams and struggles. Someone who was a sister, a brother, a mother, a daughter, a husband, an uncle. Gone. Someone made a decision and they were obliterated. Just like that." I am sure that



this will stay in our minds and hearts forever. We also rang the Peace Bell, which had a big impact on me. Beside the Peace Bell is a dedication plaque:

### Bell of Peace



*We dedicate this bell  
As a symbol of Hiroshima Aspiration  
Let all nuclear arms and wars be gone,  
and the nations live in true peace!  
May it ring to all corners of the earth  
to meet the ear of every man,  
for in it to throb and palpitate  
the hearts of its peace-loving donors.  
So may you, too, friends  
step forward, and toll this bell for peace!*

Dedicated September 20th, 1964  
By Hiroshima Higan-No-Kai.

### Melissa W., Lougheed Area

Our tour of Arashiyama was mainly focused on exploring the natural environment of Japan. One morning we took a "romantic" train ride. The tracks went along the Hozugawa River and made quick stops at viewpoints along the way. On the return trip, instead of travelling by train we rode down the river itself. The riverboat

had no motor and was powered by a three-person team, one rowing, one steering and one pushing the boat away from rocks with a bamboo pole. Our guides told us that boats like the one we rode in had been used for hundreds of years down the same route for transport of goods. We saw a fisherman and many groups of river rafters. In the middle of the trip, a floating concession went by selling water and snacks. The guides also gave us an opportunity to try rowing the boat ourselves, just to see what it was like!

After a quick lunch, we went to the Tenryuji Temple, which had a beautiful garden complete with an artificial lake and river system. The colours of the trees were so vibrant; it was really incredible. A walking path went around the parts of the garden that weren't visible from the temple, including a famous bamboo forest. The bamboo was much taller than I expected, and I was surprised to see how thick the canopy was even though the stalks grew far apart from each other.

Finally, a group of us toured the grounds of Denjirō Ōkōchi's personal gardens. Ōkōchi was a movie star in the 1930s–50s, and he spent almost 30 years designing and building the landscape around his home. Every part of the garden, from the stone pathways to the placement of each type of plant, was well thought out and deliberate. The path weaves between his home and his personal shrines and has many viewpoints of the city and surrounding mountains. My favourite part is the shrine he prayed in every morning. The shrine looks out above the city and a bed of flower bushes, so it looks like the buildings down below are floating on the flowers. As someone who's really passionate about the beauty of nature, I enjoyed this day the most, because we saw so many different examples of the environment of Japan.

These are just a few of the memories we took home from Japan. We are very grateful to BC Girl Guides for giving us the opportunity to experience the culture of Japan and to make strong connections with our Guiding sisters!



# Iceland and Switzerland 2018 Lions Area–Sponsored Trip

## *Brooke A., Pathfinder*

**T**wo years ago, I got the chance to apply for an international trip. The application was relatively easy, and seven other girls and I got accepted. This past summer, after two years of waiting and fundraising, we got to go to Iceland and Switzerland for three weeks. I had so much fun and enjoyed every bit of it. We got to do so many amazing things that I never thought I would do. I made so many great friends, and I now have a lot of fabulous memories from this trip that I will remember forever.

### **My top six favourite experiences**

1. Visiting Our Chalet and staying at the Kandersteg International Scouting Centre
2. Seeing and learning about the beautiful south coast of Iceland on a day tour
3. Learning a little bit about the different cultures
4. Caving in Iceland
5. Ziplining, go-carting and Trottibiking on an adventure day in Switzerland
6. Travelling to a different country and learning how to be independent

### **Ten reasons why you should go on an international trip**

1. It is a great way to gain independence.
2. You will learn so many amazing things.
3. You will make new friends and meet new people.
4. You will gain confidence and other important attributes.
5. You will get to experience another country.
6. You will get to try new things such as different foods, ways of transportation and culture.
7. You will learn how to travel by yourself, away from home.
8. You will have so, so, so much fun.
9. You will have a unique opportunity.
10. You will be on a trip that you will never forget!

## *Caleigh C., Pathfinder*

**W**hen I found out about this trip opportunity, I immediately applied. The application process was easy, and soon after I found out that I was accepted. I don't exactly know what I was expecting then, but I know now that the trip was 100 times better than whatever I thought before I went. As well as creating lasting friendships, I tried new foods, spoke new languages and met new people from all over the world, especially when we stayed at Kandersteg International Scout Centre and visited Our Chalet.

### **Why travel with Girl Guides?**

- Make friends.
- Create lifelong memories.
- Enjoy the easy application process.
- Gain new skills.
- Travel the world.

### **Packing tips**

- Use packing cubes.
- Ranger roll your clothing (for instructions on this packing trick, visit <https://www.instructables.com/id/ranger-roll-your-t-shirt/>).
- Put toiletries in a sealed waterproof bag.
- Give your back a break with a wheelie bag and backpack attachment.

### **Moneywise tips**

- Confirm your debit and/or credit card works in foreign countries.
- Use a moneybelt to keep passport and extra cash close to you.



Seeing the trip through the participants' eyes. PHOTOS: MAXINE J.

### Maxine J., Pathfinder

When I first learned I was going to Europe, I was over-the-moon ecstatic. I thought of all the places I would see and things I would experience. Though I never thought about the friends I would make, it turned out that the trip also sparked some of my closest friendships. So, although the trip was amazing, it lasted only three weeks—while the relationships we made with one another will last a lifetime.



I was so glad to meet every one of these girls and to know how much of a family we are now. I always knew I would have a blast on a trip like this, but I never quite appreciated how great the times spent together truly were until I was back at home.

So, any young Girl Guide thinking about going on a trip, just go for it. The unexpected friendships between girls of different ages, races, backgrounds and places are something I'll never forget. This trip was absolutely amazing. One never knows who they will see or who they will have an opportunity to meet on an adventure like this.

### The Mountain Bike Incident Annalisa A., Pathfinder

To prepare for our trip to Iceland and Switzerland, I researched and presented information on fun activities to do on the Jungfrau summit, in Switzerland. Called the "Top of Europe," the mountain sounded exciting from the get-go. Little did I know that it would turn out to be THE most memorable moment of my entire trip.

We took the gondola to Jungfrau. The view of the Alps was spectacular.

We were so pumped to get going on our adventure. The package included trying a glider, flyer and mountain cart or Trottibike.

We survived the ziplining, and it was on to our second activity of the day at Jungfrau, mountain biking! Now, this little bike looked like a souped-up tricycle; it was very low to the ground, and the wheels had rugged tires. Imagine something like a Mario Kart. In theory, the bike looked very sturdy and built for the rocky mountain road, right? There's no way it could tip over, right?? So we put on our helmets and safety gear and got on these things.

Let me tell you. It. Was. Amazing! The road was rocky and bumpy, and once we got used to bouncing

around, it was super fun.

I flew full speed on a concrete path down the mountain, screaming at the top of my lungs. It was exhilarating—the scenery, the wind, the adrenaline rush—until I hit the grass. Then it seemed as if time stopped.

Without warning, this 50-pound bike tumbled with me. We rolled over for a good five seconds before I landed in a mix of mud and grass.

I had to hurl the bike off me so I could get on my feet again. I looked beautiful, with muddy highlights and contouring all over my face.

I heard my friend Megan yelling, "Are you okay, Annalisa?"

I was better than ok! That was fun!

My phone, which had been hanging around my neck, had flown off into another dimension. I looked around and found it, covered in dirt, mud and grass just like me!

Thank goodness I found it, for it recorded the whole incident, and the memory will remain there and in my mind forever.



# 2018 OAL Module 8 Land Expedition, a.k.a. Be

*Adventure Outdoor Activity Leadership (OAL) builds on OAL training for residential and tent camping. There are eight modules in the Adventure*

*OAL program: seven theory modules and a practical module that involves five nights of camping over at least two trips, one of which must be a moving*



# Prepared

Photos: Lee Halliday



*trip. Adventure OAL teaches Guiders how to take their girls adventure camping and tripping while kayaking, cycle touring and backpacking.*

**W**hat do you get when you mix eight leaders from five areas with three tents, gorgeous provincial parks and the August long weekend? You get awesome training with hiking, sharing, learning, good food, Be Prepared moments and wonderful memories.

We had shared plans and information via Google Docs and a conference call in the early planning stages. The Safe Guide forms were completed and assessed, but then the changes began, testing our Be Prepared skills from the start.

Plan A, an expedition to Cathedral Provincial Park, had to be cancelled four days prior to departure due to forest fires in the area. But we were prepared with a Plan B: to set up a base camp at a backcountry campsite in EC Manning Park and to set off each day on a day hike, returning each night to the campsite. The itinerary would include photographing the natural wonders as we hiked, enjoying meals together and

working on our OAL skills checklist for this land backpacking expedition.

We converged on the Manning Park Lodge on the Friday. Knowing the lodge was our last access to running water for a few days, we topped up our water bottles. We quickly divided and stowed group gear, left the “extras” deemed unnecessary in the cars and were off through the lush green growth on the easygoing Similkameen Trail. The thimbleberries were almost ripe enough to eat. After 2 km, we followed the Windy Joe Trail for just over 3 km to the Pacific Crest Trail junction. The handy kilometre markers made great rest spots along the way. The final 1.6 km, on the Pacific Crest Trail, was primarily forested, and the 280 m ascent to Pacific Crest Trail campsite was gradual and steady.

At the campsite, we quickly pitched tents in available spaces and began dinner preparations. Prior to the trip, we held a conference call to decide who was feeding the group breakfasts and dinners. The variety was wonderful: pad Thai noodles,

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coleslaw, mashed yams, chocolate cake, chili and more. We shared our snacks and lunch fixings too. There was much more food than the intended one extra meal, enough for a five-night trip. None of us went hungry!

Night falls quickly up in the mountains, and it was quite chilly. Everyone was ready to crawl into cozy sleeping bags after dinner—no long, late night chats over mugs of cocoa and tea.

Saturday was a beautiful day, and Monument 78 on the Canada-US border beckoned. Several solo hikers, anxious to finish the last few kilometres of their long treks on the Pacific Crest Trail, passed us as we finished breakfast and dishes before setting out on our 10.6 km day hike along the same trail.

The descent to Castle Creek provided great views and a variety of wildflowers. The border was very close, so we

admired the 49th parallel and wondered how many cameras were secretly recording us. A long straight clearing through the forest stretched east and west from where we stood, one of many awe-inspiring sights on our hikes. The trail crossed the creek, and there are few things more idyllic than sitting beside a creek on a smooth, warm rock, cooling one's toes and enjoying lunch. We also admired the Castle Creek wilderness campsite, with its underused outhouse, ample level tent spaces and easy access to water from the creek.

On the return trip, four “racing ponies” went ahead to start preparations for mug-up and dinner. The stragglers paused to take lots of photos, arriving back at the



campsite just in time for the rain to pour. We rigged a tarp shelter, distributed fudge to give a boost of sugar energy and waited for the rain and hail and thunder and lightning to cease. What had been a dusty campsite quickly became small rivers and large puddles. Mud was splattering





*The enchanting fruit of the Western Anemone, like swirls of cloud.*

30 cm up the flies and tents, so we dug ditches to divert water away from the tents and our bivouac shelter. An hour later, the storm stopped. Other campers were soaked (cotton T-shirts and no rain gear is not a good combination), but we had been prepared.

We ate dinner and debriefed, discussing all the points on our Module 8 tracking sheets and the plans for Sunday. As an all-adult group, we could split into groups. The racing ponies could hike the 7.4 km to the peak of Mt. Frosty with an elevation gain of 854 m. The other group could leave later and see how far along the 6.8 km trail to the base of Mt. Frosty they could comfortably travel. One person felt unwell, so she decided to spend the day at base camp.

Sunday dawned cool and clear; everything looked clean and refreshed after the rains. The Frosty Lake Mountain trail led us upwards through incredibly varied landscapes, from lush forests to exposed mossy and dry areas where avalanches had cleared everything in their path, and from alpine meadows to areas recovering from fires caused by lightning. Ghostly silver trees contrasted dramatically with purple fireweed and green grass. The racing ponies reached the peak of Mt. Frosty after a scramble over scree slopes and ridges. They took fabulous selfies

to show the others. The other group settled for lunch at the bottom of the scree slope, gazing through a slight haze from the forest fires at valleys and mountains that stretched as far as we could see.

Everyone made it safely back to camp, where hot water for tea awaited us. Lovely! While eating dinner and waiting for the chocolate cake to bake, we shared stories. I don't think you can get more decadent than that on a

backpacking trip!

Mollie Katzen's recipe for Six-Minute Vegan Chocolate Cake is available on the Moosewood website at <https://moosewoodcooks.com/2013/11/six-minute-vegan-chocolate-cake/>.

On Monday, it was time to strike camp and make our way along the trails, back to civilization. Being away from radio, TV and cellphones had been liberating and refreshing. The hike down almost felt longer than the hike up. Was it reluctance to leave the park?

Our skills in Being Prepared came in handy on this adventure:

- One participant had to withdraw, so a replacement was found at short notice.
- Our destination changed five days prior to departure, which involved a new set of Safe Guide forms and new route plans.
- We had a set of SG.7 meds on hand, which helped our unwell participant.
- We had brought lots of toilet paper, most handy for the unexpected nosebleed and upset stomach.
- We had brought an extra water bottle, which came in handy as an eyewash bottle (hand sanitizer would really sting the eyes).
- We had rain gear, tarps and ample rope to make a shelter, which protected us from the rainstorm.
- We had maps, assorted trail apps and GPS units, which ensured we did not get lost.

Thank you to Erin DeBruin, our trainer and trip lead. We were in good hands with her. And thank you to BC Council and the BC Camping Committee for making this training opportunity possible. We are eight leaders who really want to go adventuring and exploring with "our girls" and who now feel much better equipped to do so.



Jane Lizotte, Guider, Pacific Shores Area



# Adventure Tripping in Pacific Shores Area

*Eating lunch at Octopus Point. Photo: Dana Wood*

**P**athfinders in Waters Edge District, Pacific Shores Area, kayaked in the waters on the east side of Vancouver Island this summer. It was an awesome experience.

Everyone was excited but nervous at the start of the kayaking trip. How were we supposed to fit all our stuff into those seemingly tiny kayaks? A leader had precooked all the food, we had double-checked the gear and everyone had completed their pre-trip training—learning to pack for water activities and practising wet exits and assisted rescues at the local pool. So now it was time to improve our skills and enjoy the trip.

Kayaks were assigned, and within minutes we were packed, strapped, seated and ready to go. We left on time with favourable conditions, and we made our way to the first rendezvous point.

Our itinerary took us from Maple Bay, on the

east side of Vancouver Island, to our lunch break at Octopus Point and then onwards to our campsite in Sansum Narrows. As we passed through the narrows at slack tide, the paddling was effortless and magical.

We saw eagles, seals, crab, kingfishers, otters and a blue heron.

We set up camp on a beach. Several people brought hammocks and others set



*Trip leader Nancy challenging us to build a shelter out of rope and a tarp that would withstand wind and rain. Photo: Jane Lizotte*





*How does all the equipment fit in these kayaks!!? Photo: Jane Lizotte*

up tents. While dinner was being reheated, we reorganized all of the kayaks, ensuring that they were stored well above the high tide mark so we would not awaken boatless in the morning. That evening we explored the beach, tried to fish and took a short hike to explore the beautiful area that was to be our home for the weekend.

On the second day, we packed a lunch and paddled to a nearby cove where the girls were challenged to make a shelter with just a tarp and two ropes. Everyone did a great job despite the wind and rain. We returned to the beach to have our lunch, cool off in the ocean and enjoy the view. Afterward, Nancy, the trip leader from the kayaking outfitter, had us packed up and ready to go with the tides. The paddling was superb, and we checked out a little cave, explored the coastline and saw more sea otters, jumping fish and a few cranes eating their lunch. What an opportunity to further improve our kayaking skills.

We returned to base camp to rest and relax before another wonderful dinner. The girls

tried fishing again and improved their knot tying skills. We watched the tides change the placid ocean water into a very rough sea that no one wanted to be paddling on—well, no one except the whale that put on



*Enjoying the amazing ocean view from a hammock. Photo: Jane Lizotte*



*Packing kayaks on the second day goes faster. Photo: Jane Lizotte*

a performance for the most observant of our bunch.

The last day brought a bit of sadness as we packed up and made our way home. During the weekend, our bodies seemed to have become stronger, and we paddled and steered better. When the weather picked up and the waves got bigger and the wind got stronger, it really didn't seem too bad because we had improved so much. We stopped again at Octopus Point for lunch and then carried along to Paddy's Rock, which changed, in sequence, from looking like the face of a person to that of a dog, then to an orangutan and finally to a rock with some funny depressions and mould in spots. On the final crossing of the bay, the group did their best job of staying together, and they showed real teamwork and group awareness. It was impressive.

When we docked, it didn't take long to sort gear and divvy up leftover food. The kayaks were loaded onto the trailer, and everyone was sent off with hugs and great memories. This was an amazing introduction to the sport of kayaking. Thanks to the outfitter, thanks to the leaders and most of all, thanks to the trip organizers, for this was time and money well spent educating our girls on environmental stewardship while building confidence and friendships that will last a lifetime.



# GUEST 2018

Photos: Lisa Thibault

**W**hat do visiting a dairy farm, building robots and marshmallow towers, extracting DNA from strawberries, blowing bubbles through pieces of wood and using Guiders to create a scale model of the solar system have in common? These were a few of the activities that girls who attended GUEST 2018 in the Lower Mainland and GUEST 2018 in Northern BC experienced!

Guides Exploring Science and Technology (GUEST) is an annual STEM (science, technology, engineering and math) extravaganza hosted by the BC Program Committee. The goal of GUEST is to introduce Guide-age girls to the wonderful world of science through fun, exciting hands-on activities!

Typically, GUEST rotates to a different part of the province each year. But this year, for the first time, GUEST was hosted in

two parts of the province at the same time! On the June 2–3 weekend, GUEST in the North brought together girls and Guiders from all over Rivers North Area to Prince George, at the University of Northern BC, and GUEST in the Lower Mainland hosted girls and Guiders from all over Lions, Lougheed, Fraser Skies and West Coast Areas at the University of the Fraser Valley, in Abbotsford.

At both events, girls gathered on Saturday afternoon in a lecture hall before splitting up to travel around the university and experience a variety of round-robin sessions, each an introduction to a different part of the wonderful world of STEM. Presenters included engineers and geoscientists, biologists, chemists, forestry experts and more! After rotating through four different STEM sessions of their choice, girls had dinner at their

campus cafeteria. Then they participated in exciting evening sessions: in Abbotsford they built robots with the Canada Youth Robotics Club; in Prince George they learned about outer space with the Prince George Astronomical Society. At the end of the night, girls gathered for trading and mug-up before settling down to sleep in the university dorms. On Sunday morning, the girls went on exciting out-trips: to EcoDairy in Abbotsford and to the Exploration Place in Prince George.

It was a great weekend for both girls and patrol Guiders!

Next spring, GUEST will be taking place at Thompson Rivers University, in Kamloops, June 1–2, 2019. If you have a Guide unit in Thompson Nicola, Monashee or Kootenay Areas, keep your eyes on your email. More information will be coming soon!



# BC Program Year at a Glance

BC Program Committee

**D**id you know that the BC Program Committee offers events each year for girls in different branches? Did you know that the BC Program Committee also organizes workshops for Unit Guiders and Advisers? These events are open to applications from members across the province. Information about applying is sent by email.

Here's a guide to the events hosted by the BC Program Committee throughout the year and when to look for our applications!

## Alberta Girls' Parliament

*For Rangers*

### Event takes place in March

Each year, the BC Program Committee selects two Rangers to attend the Alberta Girls' Parliament, in Edmonton. Girls who attend learn about the parliamentary process, tour the legislative building, have an opportunity to improve their public speaking skills and meet Rangers from Alberta and other provinces. This event takes place over five days and always receives positive feedback from the girls who attend!

**When to look for applications:**  
**End of November each year**

## Development and Program Conferences

*For Guiders and Advisers*

### Event takes place in March

The BC Program Committee aims to provide opportunities for Guiders and advisers to come together for development opportunities, while sharing new ideas and networking! Our last workshop was held in the spring of 2017 for Area and District Program Advisers around the province. Our next workshop will be a Spark and Brownie Workshop, to be held in March 2019 at BC Guide House, in North Vancouver.

**Application deadline has passed.**



## Guides Exploring Science and Technology (GUEST)

*For Guides*

### Event takes place in May or June

One of our most popular events, GUEST is an annual event that traditionally rotates around three areas of the province each year: Vancouver Island, Northern BC and the Interior. Guide-aged girls have the opportunity to spend the night in a university dorm, explore science through different sessions, listen to guest speakers and go on mini field trips. In 2018, two GUESTS were held on the same weekend when GUEST came to the Lower Mainland for the first time! GUEST 2019 will be held in the Interior.

**When to look for applications:**  
**January 15, 2019**



## Ranger Revolution

*For Rangers and Junior Leaders*

### Event takes place in October

Ranger Revolution is held every two years, alternating with Pathfinder Summit.

All Rangers are invited to apply, either individually or as a patrol. Sessions are held at BC Guide House, in North Vancouver, and provide girls the opportunity to explore the Ranger program in greater depth. Sessions are also provided for girls who are Junior Leaders and wish to find new ideas for the units they work with. All participants stay in a hostel in Vancouver and get time to explore the city! The next Ranger Revolution will take place in the fall of 2019.

**When to look for applications: May 2019**



## Pathfinder Summit

*For Pathfinders*

### Event takes place in October

Pathfinder Summit is held every two years, alternating with Ranger Revolution. Second- and third-year Pathfinders and their Guiders are invited to Vancouver for a weekend, where they take part in a variety of sessions at BC Guide House, in North Vancouver, and stay at a hostel in Vancouver. Girls who attend this event have the opportunity to explore different topics, gain leadership skills and then take what they learned back to their own units to share with other Pathfinders. Applications for the 2018 event have passed, but the popular event will return in 2020!

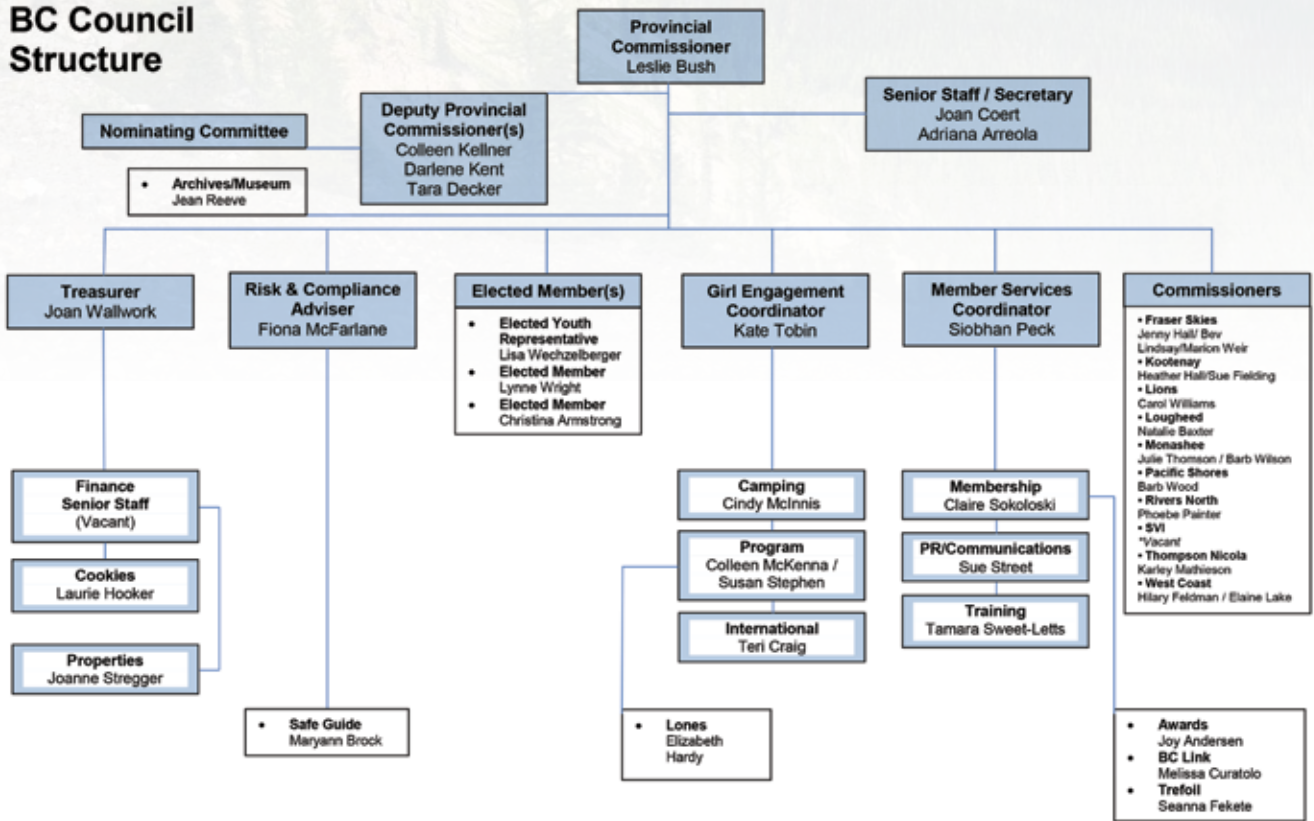
**When to look for applications: May 2020**

If you want more information about any of these events, feel free to contact the Program Committee Event Coordinator at [bcprogramevents@gmail.com](mailto:bcprogramevents@gmail.com) or the Provincial Program Adviser at [program@bc-girlguides.org](mailto:program@bc-girlguides.org).

# Get to Know Your Provincial Committees!



## BC Council Structure



Provincial Council Model  
Revised October 2018

Have you attended a provincial camp, such as Guide Jubilee? Applied for a provincial international trip, such as Kenya 2019? Done an Arts to Go Challenge? Gone through the screening process to join GGC? Attended training, such as Building Unit Guider Skills? Or heard a Girl Guide cookie ad on the radio?

The Provincial Committees' work helped to make that happen.

In this issue, learn about the work of the Provincial Committees. Collectively, the advisers of these committees are known as the Operations Committee, which is represented on BC Council by the Girl Engagement Coordinator and

the Member Services Coordinator. The Operations Committee meets at least four times a year to coordinate the activities of the individual committees.

The Provincial Committees' role is to develop and implement activities, resources and training in their areas of expertise for the members in the province.

# PROVINCIAL COMMITTEES!

The British Columbia Council of Girl Guides of Canada–Guides du Canada is responsible for the activities of Guiding members across the province. BC Council is made up of elected volunteers, and each position is a three-year term. BC Council meets four times a year to support and develop Guiding in BC. The activities of BC Council are determined by the Girl Guides of Canada–Guides du Canada bylaws, policies and strategic plan.

Each area is headed by an Area Commissioner who holds a seat on BC Council. The Area Commissioners bring the voice of our membership to the council meetings. BC is divided into 10 Guiding areas. Each area is responsible for electing a smaller council to govern its area. To learn more about the areas, check out the area profiles in issue 381, Summer/Fall 2017, of *Pipeline*, available on the BC Girl Guides website.

## Girl Engagement

### Girl Engagement Coordinator

**Kate Tobin** is the voice of the Camping, International and Program Committees on BC Council. Her goal is to support activities and resources that foster girls' engagement in Girl Guides in BC. Her role is to listen to the concerns and requests of the Camping, International and Program advisers and their committees and to relay them to BC Council. She attends the meetings of the three committees whenever possible. The Girl Engagement Coordinator position is held for a three-year term; a new candidate will be sought in 2019.



*Kate Tobin*

### CONTACT INFORMATION

Kate can be reached at  
[girlengagement@bc-girlguides.org](mailto:girlengagement@bc-girlguides.org)

## Member Services

### Member Services Coordinator

**Siobhan Peck** is the voice of the Membership, Public Relations and Training Committees on BC Council. Her goal is to support the committees to carry out the strategic plan set by the national and provincial councils and to increase Guiding membership in BC. She relays information from BC Council and the Provincial Commissioner Team to these advisers. She is available if the advisers need assistance and helps to ensure the committees have members in place.



*Siobhan Peck*

### CONTACT INFORMATION

Siobhan can be reached at  
[memberservices@bc-girlguides.org](mailto:memberservices@bc-girlguides.org)

## Camping Committee

**MEMBERS:** Cindy McInnis (adviser), Annalisa Adam, Jeannie Crivea, Erin DeBruin, Dora Masters, Julie Ramsay

Camping is traditionally one of the most popular activities for girls at all levels of Guiding. Most girls and Guiders treasure the memories and friendships made at camp. The Camping Committee strives to get girls and Guiders out camping—not necessarily in a tent!

The Camping Committee's goals are to ensure that girls receive as many opportunities as possible to camp and play outdoors, to mentor Guiders and other members who plan and support camping events and to support provincial and interprovincial travel.

The committee works to create exciting opportunities for the girls to experience new things. It publishes the Headlamp newsletter for BC Guiders and develops new resources such as Camps to Go and Instant Meetings. It provides resources and support/training to Guiders so they will take their units camping. And it organizes provincial camping opportunities such as Mix It Up, Guide Jubilee, Trex Rendezvous and selection-based summer camps/trips. The committee is responsible for Trex and travel touring around the province.

***What the committee wants to know from you, the members:***

- Guiders: What is the best way to offer training and support to you so you'll feel comfortable taking girls camping and challenging the girls with a progression of camping opportunities?
- Girls: What themes do you want to explore during camp? Where would you like to camp? Do you prefer camping versus travel touring? What types of adventure camping would you like to experience?

***If the committee had every resource it could want, what would it do?***

- Ensure easy access to good camping gear at no or low cost for all types of camping, from residential to backwoods adventure gear.
- Create more spaces at provincially organized camps and trips so more girls could attend.
- Provide options for all the branches for weekend-type camps and summer camps.



Cindy McInnis

### CONTACT INFORMATION

BC Camping Adviser:	<a href="mailto:camp@bc-girlguides.org">camp@bc-girlguides.org</a>
Adventure Trex:	<a href="mailto:adventure.trex@bc-girlguides.org">adventure.trex@bc-girlguides.org</a>
Camping Events:	<a href="mailto:camping.events@bc-girlguides.org">camping.events@bc-girlguides.org</a>
Headlamp:	<a href="mailto:camping.headlamp@bc-girlguide.org">camping.headlamp@bc-girlguide.org</a>

# COMMITTEES!

## International Committee



Left to right: Janet Haworth-Lee, Joy Gregorash, Sam Quesnelle, Nancy Haynes, Shelagh Weightman, Teri Craig; not pictured, Lorraine Adams.

**MEMBERS: Teri Craig (adviser), Janet Haworth-Lee, Joy Gregorash, Sam Quesnelle, Shelagh Weightman, Nancy Haynes, Lorraine Adams**

The International Committee's love of travel and cultural diversity is reflected in the work it does, and its goal is to promote a greater understanding of cultures and global awareness among the members of BC Guiding. It promotes and supports members with all aspects of international travel, whether an independent international trip or a provincially or nationally sponsored trip. It encourages cultural and global awareness through international challenges, conferences and workshops.

As part of this work, the committee hosts an annual International Briefing for members travelling on sponsored trips and twice-yearly workshops for Guiders planning independent international trips. The committee facilitates approval of provincially sponsored trips and events, such as the Amazing Race and trips to Costa Rica and Kenya in 2019. It maintains the provincial flag collection and provides flags for the parade at Hands Across the Border. The committee also assesses and supports all groups participating in international travel (the Over 72 Hours Safe Guide Assessor is a member of the committee;

should the GGC ban on travel to the US be lifted, the Under 72 Hours Assessor role will also be filled by a committee member).

***What the committee wants to know from you, the members:***

- What type of provincially sponsored trip (service, educational or cultural) would you like us to plan and in which country would you like it to be offered?
- What provincial challenges would you like us to develop to assist you in creating cultural and/or global awareness to enhance the girls' program?

***If the committee had every resource it could want, what would it do?***

- Provide opportunities for every member to experience the world through travel!

**CONTACT INFORMATION**

[international@bc-girlguides.org](mailto:international@bc-girlguides.org)

## Program Committee



Back row, left to right: Elizabeth Hardy, Colleen McKenna and Susan Stephen, Holly Arnold, Kait Greer, Christina Noel; front row, left to right: Van Chau, Carissa Konesky; not pictured, Fiona Rogan.

**MEMBERS: Elizabeth Hardy (girl and youth program), Colleen McKenna and Susan Stephen (co-advisers), Holly Arnold (Lones), Kait Greer (communications and publications), Christina Noel (STEM), Van Chau (environment), Carissa Konesky (events), Fiona Rogan (inclusivity)**

The Program Committee supports BC Girl Guide members in the delivery of fun and engaging program and supports Guiders through trainings at workshops and conferences.

As a team, the committee plans and carries out girl/youth events such as GUEST, Pathfinder Summit and Ranger Revolution. It creates a variety of program delivery resources including event-planning resources, challenges, instant meetings and the FunFinder newsletter. Each member of the Program Committee has individual responsibilities based on

her area of expertise, which may include developing resources, leading an event or working with a community partner.

The Program Committee oversees the Lones program, for girls who wish to belong to Guiding but are unable to participate in unit meetings. It also ensures that diversity and inclusivity questions and concerns are addressed.

The committee is always looking for new members to add to its diversity of experience. At this time, it's looking specifically for expertise in inclusivity/diversity, STEM and the arts. If you're interested in joining the Program Committee, please email [program@bc-girlguides.org](mailto:program@bc-girlguides.org).

**What the committee wants to know from you, the members:**

- We want feedback from the units about the types of events or resources they would like us to create and how we can make our present events and resources better.

- If you have an interest in program and want to contribute ideas to our Instant Meetings, other resources or to FunFinder, please send us an email!

**If the committee had every resource it could want, what would it do?**

- Create a series of conference-style girl events for the older branches (Guides through Transitioning Members).
- Organize regional BC-sponsored events for Sparks and Brownies around the province.
- Develop annual branch-specific program conferences for Guiders to help create a network of fresh program ideas and new ways of delivering program.

**CONTACT INFORMATION**

[program@bc-girlguides.org](mailto:program@bc-girlguides.org)



# COMMITTEES!

## Membership Committee

**MEMBERS:** Claire Sokoloski (adviser), Sheralynne Muirhead, Susan Wilks, Melissa Curatolo, Seanna Fekete, Cheryl Geissler, Joy Andersen

The Membership Committee supports member recruitment and retention and assists eligible members and potential and enquiring members who wish to become members with the opportunity to participate in the Guiding experience.

The committee's responsibilities include liaising with provincial staff and Area Commissioners to facilitate the national registration process for girls and adults, liaising with Area and District Commissioners to ensure GGC screening processes are followed and promoting member recruitment throughout the province.

The Membership Committee promotes and encourages participation in Link and the Trefoil Guild, encourages Guider recognition through member awards and promotes the GGC scholarships and bursaries. Throughout its work, the committee strives to promote diversity and accessibility in the registration, application and awards processes.

The committee strives to ensure that membership processes are clear and consistent and created the Membership Manual with that in mind. The manual is constantly updated and available on the BC Girl Guide website. Answers to most questions about application and registration processes can be found online in Guiding Essentials or Safe Guide.

### ***What the committee wants to know from you, the members:***

- Share your successful membership events, and tell us how your communities address barriers to membership.

### ***If the committee had every resource it could want, what would it do?***

- An accurate, up-to-date, easy-to-read digital map of all provincial districts and areas.



Claire Sokoloski

### **CONTACT INFORMATION**

Membership Adviser ( <i>Claire Sokoloski</i> ):	membership@bc-girlguides.org
iMIS Specialist ( <i>Sheralynne Muirhead</i> ):	iMIS@bc-girlguides.org
Screening ( <i>Susan Wilks</i> ):	screening@bc-girlguides.org
Waitlist Manager ( <i>Cheryl Geissler</i> ):	waitlistmanager@bc-girlguides.org
Awards ( <i>Joy Andersen</i> ):	awards@bc-girlguides.org
Link ( <i>Melissa Curatolo</i> ):	link@bc-girlguides.org
Trefoil ( <i>Seanna Fekete</i> ):	trefoilguild@bc-girlguides.org

## Public Relations Committee



Left to right: Laura Allgrove, Lisa Thibault, Sue Street, Robyn So, Katrina Petrik.

**MEMBERS:** Laura Allgrove (social media and area liaison), Lisa Thibault (logo approval), Sue Street (adviser), Robyn So (publications coordinator), Katrina Petrik (logo approval)

Public relations is an aspect of all GGC activities, from cookie selling and registration to community engagement activities—it's about building relationships and showing our communities how much fun GGC is!

The Public Relations Committee develops PR activities, resources and training to build the GGC community, which includes girls, parents, volunteers, community members and the media throughout the province. The committee's responsibilities include cookie and registration advertising, media relations, social media campaigns and communicating with the membership.

The committee approves logo use in the creation of crests and other merchandise. It promotes the use of the national Merchandise Standards and Graphic

Standards, which ensure that Guiding communications and merchandise are consistent and engaging. It also produces and distributes fun GGC-branded PR items such as scrunchies, buttons and sun shades. (Visit the BC Girl Guide website to get your swag now!)

*Pipeline* is a main priority of the committee. The publications coordinator encourages submissions from the membership (have you earned an "I Was Published" crest yet?), provides leadership to the editorial team and designer, and coordinates the printing and distribution of the publication. The BC Girl Guide social media accounts (Twitter, Facebook and Instagram) are another fun way that the committee interacts with members and the community. Tag us (@bcgirlguides or #bcgirlguides) in your posts!

The committee is always looking for new members. If you're passionate about promoting GGC, the BC PR Committee is the place for you! Please email [publicrelations@bc-girlguides.org](mailto:publicrelations@bc-girlguides.org).

### **What the committee wants to know from you, the members:**

- The PR Committee is working hard to connect with PR Guiders across the province. If you're interested in any aspect of PR (from social media to community parades and everything in between), we want to hear from you! Email us at [publicrelations@bc-girlguides.org](mailto:publicrelations@bc-girlguides.org).
- What is the best way to offer training, and what public relations topics would you like us to cover?

### **If the committee had every resource it could want, what would it do?**

- Host a PR training workshop to build a network of PR Guiders in BC and create a strong, collaborative support system.
- Offer frequent training opportunities, both in person and through webinar, to support local PR Guiders.
- Provide GGC-branded items (such as banners and tablecloths) to every unit, district and area in BC.

### CONTACT INFORMATION

PR Adviser (*Sue Street*):

*Pipeline* (*Robyn So*):

Social media (*Laura Allgrove*):

Logo Approval (*Katrina Petrik/Lisa Thibault*):

[publicrelations@bc-girlguides.org](mailto:publicrelations@bc-girlguides.org)

[pipeline@bc-girlguides.org](mailto:pipeline@bc-girlguides.org)

[socialmedia@bc-girlguides.org](mailto:socialmedia@bc-girlguides.org)

[bccglogo@bc-girlguides.org](mailto:bccglogo@bc-girlguides.org)

# COMMITTEES!

## Training Committee



Back row, left to right: Jane Read, Sandy Maloney, Kendra Mann, Brenda Fraser;  
front row, left to right: Monica Langford, Tamara Sweet-Letts, Brenda Anthony, Alison Speirs.

**Members:** Jane Read (Trainer administration), Sandy Maloney (recorder), Kendra Mann (Trainer coordination), Brenda Fraser (administration), Monica Langford (event coordination), Tamara Sweet-Letts (adviser), Brenda Anthony (finance), Alison Speirs (Area Training Adviser liaison)

The Training Committee's goal is to provide every Guider in BC the opportunity for face-to-face training in her area or through a provincial training event during every Guiding year.

The committee provides support and encouragement to areas so that every Guider has the opportunity to take trainings. It facilitates provincial trainings (such as the District Commissioner Workshop and the Road to Dynamic Presentations) and assists areas in obtaining Trainers when needed. It also assists and supports Trainers to obtain the skills to deliver fun, engaging trainings. The committee works closely with the Area Training Advisers throughout the province.

The committee strives to communicate effectively with areas, Trainers and Guiders from across BC. The committee members represent Trainers, Area Training Advisers and Unit Guiders in most areas of the province. Each member brings an understanding of the many unique challenges faced by training. This in turn helps the committee better support the training needs of the areas. We are a small but mighty team working towards helping all Guiders access training.

Southern Vancouver Island and Lions Area Training Adviser positions are currently vacant. Interested? Email [training@bc-girlguides.org](mailto:training@bc-girlguides.org) or connect with your Area Commissioner!

**What the committee wants to know from you, the members:**

- What types of trainings would you like to see offered? Think big! Would you like to see the training offered at a provincial, area or district level?

**If the committee had every resource it could want, what would it do?**

- Give every Guider that face-to-face residential training experience. We would remove all barriers (time, work, etc.), so that Guiders could witness and feel what happens at trainings.
- Make easily accessible webinars covering all the Training and Enrichment for Adult Members (TEAM) Modules for Guiders to access when face-to-face training is not an option.

### CONTACT INFORMATION

Training Adviser (*Tamara Sweet-Letts*):  
[training@bc-girlguides.org](mailto:training@bc-girlguides.org)

Finance (*Brenda Anthony*): [watsord@shaw.ca](mailto:watsord@shaw.ca)

Committee Administrator (*Brenda Fraser*):  
[blfraser.ggc@gmail.com](mailto:blfraser.ggc@gmail.com)

Event Coordinator (*Monica Langford*):  
[bctraining.events@gmail.com](mailto:bctraining.events@gmail.com)

Recorder (*Sandy Maloney*): [sandymaloney@telus.net](mailto:sandymaloney@telus.net)

Trainer Coordinator (*Kendra Mann*): [kendraggc@gmail.com](mailto:kendraggc@gmail.com)

Trainer Administration (*Jane Read*): [bctraining.imis@gmail.com](mailto:bctraining.imis@gmail.com)

Area Training Adviser (ATA) Liaison (*Alison Speirs*):  
[ataliaison@gmail.com](mailto:ataliaison@gmail.com)



# AROUND BC



*Pathfinder Dawnica W. knotted this Guiding Law ladder with a single piece of rope!*



*A dinosaur (on loan from the Children's Treehouse) models a Brownie uniform.*

**Pacific Shores Area** held a successful uniform swap and information table at Country Club Centre, in Nanaimo, in early September. New Guiding families not only got the chance to pick up a new-to-them uniform, but they also got key information about Guiding, including personal instruction on how to tie a scarf. In the process, existing members got a bit of money back selling their old uniforms, and we raised \$223.75 for the Canadian World Friendship Fund.

Photos: Val Froom



Photo: Teri Wilson



*Pacific Shores Area Commissioner Barb Wood and Nanaimo Piper District Deputy Commissioner Teri Wilson try to assemble the individual Guiding Laws ... in the correct order!*



Nelson community **Girl Guides, Kootenay Area**, participated in the Kootenay Pride 2018 Parade held in Nelson on a sunny summer Sunday afternoon. Photo: Anne Simonen

**Guider Shiela Ginn** and Pathfinders from **Gabriola Island, Pacific Shores Area**, enjoy the ferry ride from Departure Bay, on Vancouver Island, to Langdale, on the Sechelt Peninsula, where Camp Olave is located. Photos: Val Froom





# AROUND BC



**Pacific Shores Area** had the amazing opportunity to be a vendor at M-Con, a gaming convention for geeks and nerds in Nanaimo. Our geekiest Guides and Guiders were happy to share our passions with pride! Photos: Val Froom

*Chloe and Danica "roast" marshmallows over the "fire."*



*Grace surprises herself with how well she handled the Canadian Army infantry gear.*



*Arlene Forster shows off her knot tying skills while selling cookies.*



Photo: Lesley Young



Photo: Tara McIntyre

**1st Ottergrove Pathfinders, Fraser Skies Area**, jumped into fall activities with a camp, completion of the Be You National challenge and participation by two teams in Fraser Skies' Iron Chef competition. They can't wait for the next adventure and a full year of fun!



**1st Clearwater Guides, Thompson Nicola Area**, spent a weekend at Bridge Lake, where they completed the Guiding Elements–Earth Challenge and the BC Fall Fun Camp Challenge. Photo: Michelle Masse



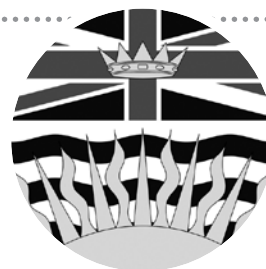
**Alcan District, Rivers North Area**, arranged for four local engineers to lead engineering activities at an event titled “There’s a Place for You in Engineering,” held in Fort St. John. Photos: Beverly Rodowski



*Girls learn from female engineers.*



**Nanaimo Arbutus Rangers, Pacific Shores Area**, took surfing lessons. Photo: Colleen Cooper



# Girl Guides

## British Columbia Council

**Return undeliverable Canadian addresses to:**

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